

GOVERNMENT DOCUMENTS
COLLECTION

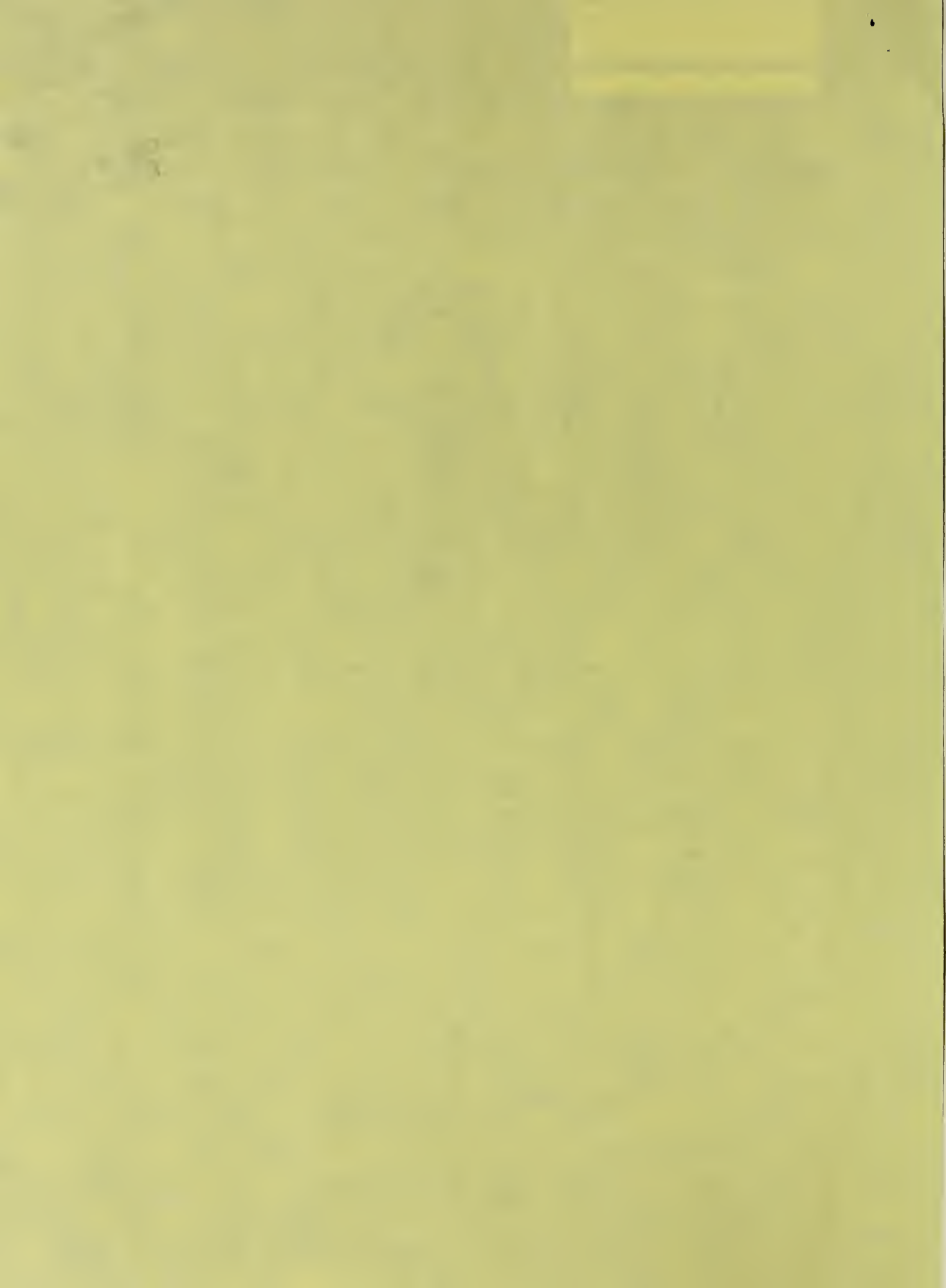
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DEPARTMENT OF PUBLIC HEALTH
DIVISIONS OF ALCOHOLISM AND DRUG REHABILITATION

FACT SHEET

- * the mission of the Divisions of Alcoholism and Drug Rehabilitation is to provide quality substance abuse services through the development and maintenance of effective prevention, intervention and treatment services.
- * in FY88, the Divisions' budget of \$48 million funded a total of 385 residential and ambulatory programs with over 100,000 admissions.
- * services are funded through a purchase of service system in community based nonprofit agencies - - 96% of the Divisions' funding goes to direct service.
- * services include alcohol and drug detoxification, halfway houses and therapeutic communities, ambulatory and residential youth programs, outpatient counseling, methadone services, driving under influence programs, and primary prevention centers.
- * services are provided free of charge to those who do not have insurance or cannot pay for treatment.
- * funding is allocated to 6 geographical regions based upon the the number of people in the region living at or below 150% of the federal poverty level.
- * the separate Division of Alcoholism and Division of Drug Rehabilitation merged in 1986. In 1987, a statewide competitive bid for all alcohol and drug services combined many services and established a coordinated network of substance abuse prevention, intervention, and treatment services. The Department of Public Health has submitted legislation - House Bill 200 - - which will combine Chapters 111B and 111E of the Mass General Laws to create a single Division of Substance Abuse Services.
- * the major goal for the upcoming year is to expand services to IV drug users, a population which is at high risk for AIDS - - 19% of AIDS cases in Massachusetts are related to IV drug use and 75% of the pediatric cases are children of IV drug users. There are an estimated 40,000 IV drug users in Massachusetts.
- * quality treatment, education, and outreach are the most effective ways to combat the spread of the AIDS virus among IV drug users.
- * approximately 10,000 IV drug users will be admitted to state funded programs in FY88. Expansion funding in FY89 will substantially increase admissions into drug detoxification, therapeutic communities, and methadone programs to reduce a current waiting list of over 1000.



ALCOHOL AND DRUG ABUSE SERVICES

Alcohol and drug treatment services and programs are tailored to meet the specific needs of different geographical areas and populations throughout the Commonwealth. Particular emphasis is given to the development of services designed to meet specialized needs of ethnic and linguistic minorities, high-risk youth, women, the physically disabled and individuals with a "dual diagnosis" of mental illness and substance abuse. The Division is committed to providing and maintaining high quality substance abuse services through the development of effective primary prevention, intervention, residential, and ambulatory treatment services.

KINDS OF SERVICES AVAILABLE

Treatment services are offered on an in-patient or out-patient basis, and within these two basic categories are a number of different treatment options. The following descriptions outline the variety of available services and present a brief definition of each. Our resource directory identifies the specific programs available in each geographical region.

FOR INFORMATION AND REFERRAL CONTACT THE INFORMATION AND REFERRAL HOTLINE:

1-800-327-5050



Residential Services

EMERGENCY TREATMENT

Alcohol and drug detoxification programs

supervised, supportive settings for safe withdrawal from drugs and alcohol; services include routine medical care, counseling and referral for continued treatment

Public inebriate programs

short-term shelters for homeless alcohol and drug abusers

Transitional care

stable residential settings for clients who, post detoxification, are awaiting admission to longer term residential care

Transportation projects

facilitate access to emergency services

REHABILITATIVE TREATMENT

Short-term intensive inpatient treatment programs (STIIT)

intensive 14 to 28 day post-detoxification rehabilitative services that include comprehensive counseling and aftercare planning

Recovery homes

intermediate length (3 to 6 month) residential rehabilitation services that support recently acquired sobriety through counseling, daily living skills development, vocational re-entry and aftercare planning

Therapeutic Communities

longer-term (6 to 18 months) goal oriented rehabilitation for clients who require a more structured residential setting; services include counseling, vocational re-entry services and aftercare planning

Youth residential treatment programs

intermediate length alcohol and drug treatment for adolescents aged 14 to 19; services include comprehensive assessment, individual, group and family counseling, educational and pre-vocational services and aftercare planning

14 Day Driving Under the Influence programs for second offenders

a structured educational and motivational alternative to imprisonment for drunken driving second offenders that prepares the client to continue to engage in on-going alcoholism and drug abuse treatment services

Ambulatory Services

COUNSELING SERVICES

Methadone Services

individualized short and longer-term rehabilitative and opiate substitution services for opiate addicted individuals

Outpatient counseling programs

assessment, treatment planning, counseling, advocacy, aftercare and follow-up services for alcohol or drug addicted individuals and their families

Non-traditional services

specialized services which meet the needs of specific populations (e.g. women, minorities, elderly and chronic substance abusers) who may not be adequately served by the basic service system; services include case finding, crisis intervention, home visits, and follow-up

Criminal justice programs

substance abuse treatment services for prison inmates and their families facilitate and support maintenance of a substance-free lifestyle and re-entry into the community

EARLY INTERVENTION SERVICES

Driver alcohol education programs

as an alternative to incarceration, Driving Under the Influence First Offenders receive comprehensive assessment, educational group sessions, introduction to self help and referral for continued treatment

Youth intervention programs

individualized programs for at-risk youth; services include structured group activities, crisis intervention, short-term counseling, and specialized services for minority youth and youth referred by the juvenile court

PRIMARY PREVENTION

Regional primary prevention centers

assist school systems and community groups with the planning, development and implementation of primary drug and alcohol abuse prevention activities; services include school and community substance abuse educational programs, loan of audiovisual materials to community organizations, and coordination of comprehensive local and statewide prevention programming

PROGRAM SUPPORT SERVICES

supplement the basic service system through information and data analysis, resource development, needs assessment

NEW INITIATIVES '88

Statewide Information and Referral Hotline # 1-800-327-5050

comprehensive 24 hour public information and referral services provide information on alcohol and drug abuse prevention, intervention and rehabilitation within the Commonwealth; callers can receive help in locating emergency services and rehabilitative treatment or general educational information about alcohol and drug abuse; services will also include promotion of public awareness regarding substance abuse

Treatment Services for Pregnant Women

outreach and residential treatment services aim to reduce alcohol and drug-related pregnancy complications and birth defects; two new programs will provide a supportive environment for women from early stages of pregnancy through postpartum; services include alcohol and drug education, development of parenting skills, health and nutrition services, and child care

Treatment Services for Deaf Women

residential substance abuse treatment for women who are deaf and hard of hearing has been improved through a program with specially trained staff and specialized equipment in a recovery home setting

Services for Homeless Substance Abusers

long term supportive residential care for severely impaired substance abusers, many of whom have been chronically homeless, provides a humane alternative to repeated use of short term detoxification services; the supportive environment focuses on daily living, social, and coping skills

Services for Intravenous Needle Users

increased methadone and residential treatment services provide more treatment opportunities for IV needle users; the goal is to reduce waiting lists and to slow the spread of AIDS among IV needle users by engaging these individuals in the recovery process

Services for Individuals in the Criminal Justice System

two residential programs for substance abusers on parole or probation; expansion of programs to assess and place inmates into substance abuse treatment as a condition of parole; intervention and treatment services for high risk youth referred by courts and police.



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DEPARTMENT OF PUBLIC HEALTH DIVISIONS OF
ALCOHOLISM AND DRUG REHABILITATION
PROGRAMS AND FUNDING, FY88

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<u>Type of Service</u>	<u>Funding</u>	<u># of Programs</u>
<u>RESIDENTIAL SERVICES</u>		
Emergency Treatment		
-Alcohol Detoxification	\$ 9,637,529	20
-Drug Detoxification	\$ 1,983,606	4
-Public Inebriate Program	\$ 782,614	3
-Transitional Care Facility	\$ 1,190,268	4
Residential Treatment		
-Recovery Home	\$ 10,192,563	49
-Therapeutic Community	\$ 2,847,314	10
-Youth Residential	\$ 2,137,235	8
-Short Term Intensive Inpatient Treatment	\$ 1,218,023	4
-Sober House	\$ 152,158	1
-Driving Under the Influence of Liquor	\$ 207,779	3
<u>AMBULATORY SERVICES</u>		
Outpatient Treatment		
-Outpatient Counseling/DAE	\$ 7,439,807	101
-Criminal Justice	\$ 609,357	13
-Methadone Services	\$ 2,282,822	7
-Non-Traditional	\$ 2,244,797	34
-Vocational/Educational	\$ 336,698	5
-Youth Intervention	\$ 1,621,666	35
Early Intervention		
-Youth Intervention	\$ 1,621,666	35
-Driver Alcohol Education	\$ 250,000	40
-Information & Referral	\$ 245,099	1
Prevention		
-Regional Prevention Centers	\$ 2,103,307	8
TOTAL	\$ 47,478,037	385

SUBSTANCE ABUSE SERVICES

ADMISSIONS PROFILE

MODALITY	TOTAL PROGS	TOTAL ADMIT	AVG AGE	% WOMEN	% BLK	% HSP	% OTHER	% IV
DETOX-ALCOHOL	19	22,309	37.9	14.8	10.0	3.3	2.6	8.2
DETOX-DRUG	4	1,100	30.6	37.6	15.7	10.0	4.6	76.6
RECOVERY HOME	49	3,171	33.2	19.6	11.1	4.1	3.6	13.9
THERAPEUTIC COMM	11	446	28.2	38.1	27.1	9.9	3.1	36.8
YOUTH RESIDENTIAL	8	382	16.8	24.3	3.7	5.8	2.6	
COUNSELING-NON DAE	93	17,630	31.1	29.0	10.6	6.7	3.3	6.9
COUNSELING/DAE		13,005	31.5	13.7	3.1	3.3	4.0	1.0
METHADONE	7	1,230	32.6	43.7	14.3	8.9	6.4	88.5
YOUTH INVERVENTION	41	702	16.4	39.9	5.3	9.1	8.7	
TOTAL ALL SERVICES	286	69,995	33.6	21.5	9.1	4.7	3.5	13.3

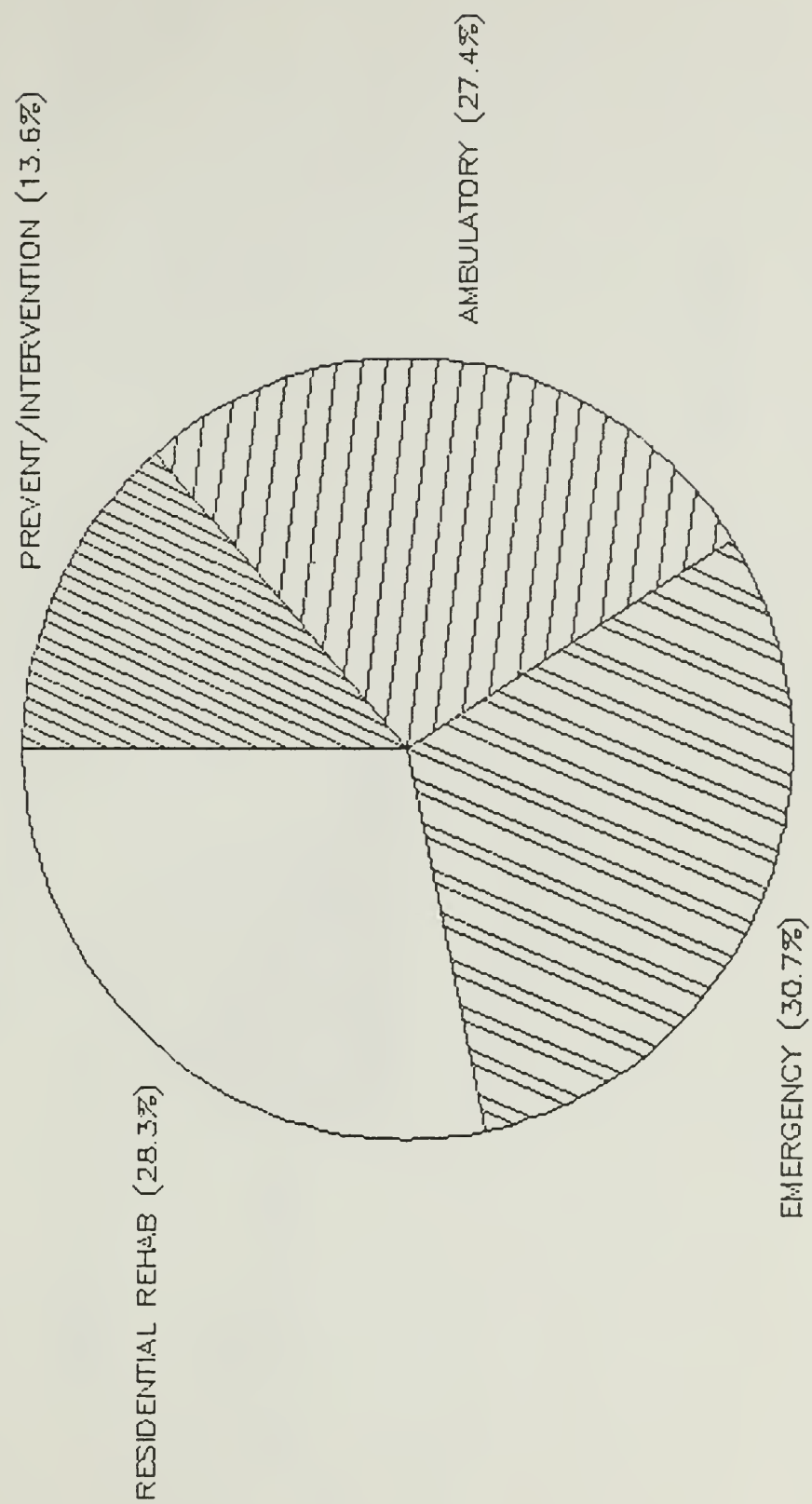
SUBSTANCE ABUSE SERVICES

HEALTH CARE RESOURCES

MODALITY	TOTAL PROGS	TOTAL ADMIT	BC/BS NBR	%	OTH COM NBR	%	H.M.O. NBR	%	MEDICAID NBR	%
DETOX-ALCOHOL	19	22,309	1,237	5.5	1,219	5.5	403	1.8	3,591	16.1
DETOX DRUG	4	1,100	25	2.3	73	6.6	57	5.2	241	21.9
RECOVERY HOME	49	3,171	220	6.9	199	6.3	41	1.3	1,280	40.4
THERAPEUTIC COMM	11	446	29	6.5	23	5.2	5	1.1	75	16.8
COUNSELING NON-DAE	93	17,630	2,820	16.0	2,919	16.6	799	4.5	2,416	13.7
COUNSELING-DAE		13,005	3,309	25.4	4,407	33.9	1,142	8.8	429	3.3
METHADONE	7	1,230	101	8.2	108	8.8	42	3.4	414	33.7

DIVISIONS OF ALCOHOLISM AND DRUG REHABILITATION

FIGURE 1: SERVICE TYPE FY88



DIVISIONS OF ALCOHOLISM AND DRUG REHABILITATION

FIGURE 2: SOURCE OF FUNDS FY88

